



# Kev Ntsuam Xyuas Me Nyuam Thaum Yau

**Kev Ntsuam Xyuas Me Nyuam Thaum Yau**  
yog qhov kev kuaj dawb thiab yooj yim los  
saib txog koj tus me nyuam txoj kev loj hlob,  
**kev txhim kho thiab kev kawm mus zoo li cas.**

Kev kuaj thaum muaj 3 xyoos yog qhov zoo tshaj, tiام sis me nyuam tuaj yeem raug kuaj thaum muaj hnub nyoog 3 xyoos txog rau thaum pib kawm kindergarten raws li t xo j cai.\*

## **Yam koj yuav ntsib thaum mus kuaj tus me nyuam**

Ib tug kws tshaj lij uas tau txais kev cob qhia yuav los kuaj txog:

- Qhov pom kev thiab kev hnov lus
- Qhov siab thiab qhov hnyav
- Kev txhaj tshuaj tiv thaiv lub cev (txhaj tshuaj)
- Kev txawj txav ntawm lub cev
- Kev txawj ntawm kev xav, kev hais lus thiab kev sib txuas lus
- Kev loj hlob ntawm kev sib raug zoo thiab kev xav

## **Yuav nqa dab tsí thaum mus rau qhov teem caij kuaj xyuas ntawd**

- Tej lus nug uas koj muaj txog koj tus me nyuam txoj kev loj hlob thiab kev tsim kho
- Daim ntawv teev cov tshuaj tiv thaiv (txhaj tshuaj) ntawm koj tus me nyuam
- Lub npe thiab tus xov tooj ntawm koj tus me nyuam tus kws kho mob (kws kho mob)

## **Cov ntaub ntawv ntxiv**

Qhov kev kuaj no tej zaum yuav pab koj txuas mus rau lwm qhov kev kawm dawb, xws li cov kev pab cuam kawm ntawv ua ntej mus kawm kindergarten, Early Childhood Family Education (ECFE), Minnesota cov nyiaj pab rau kev kawm thaum yau uas muaj kev saib xyuas thiab kev kawm zoo, Head Start, kev mus xyuas hauv tsev, thiab Kev Kawm Tshwj Xeeb Rau Me Nyuam Thaum Yau (Early Childhood Special Education).

**Puas tau npaj txhij los mus  
teem sij hawm?**

**Hu rau koj lub tsev kawm ntawv  
hauv cheeb tsam koj nyob.**



Los yog koj tuaj yeem tiv tauj Lub Tsev Hauj Lwm Saib Xyuas Txog Cov Me Nyuam, Cov Hluas, thiab Cov Tsev Neeg hauv xeev Minnesota kom pab koj txuas nrog koj lub tsev kawm ntawv hauv cheeb tsam:

**Tus Xov Tooj: 651-582-8412**

**Email: [dcyf.els@state.mn.us](mailto:dcyf.els@state.mn.us)**

\*Tej zaum koj tus me nyuam tuaj yeem txais tau qhov kev kuaj xyuas ntawm lawv lub Head Start, Kev Kuaj Me Nyuam Yaus thiab Tub Ntxhais Hluas (Child and Teen Check-ups) los sis lub tsev kuaj mob uas kuaj xyuas kev loj hlob.

Cov niam txiv kuj muaj cai tsis kam lees txais qhov kev ntsuam xyuas ntawd thiab. Minnesota Cov Cai Lij Choj 142D.091.



**DEPARTMENT OF CHILDREN,  
YOUTH, AND FAMILIES**