



Text message sent 1–2 months before the next recertification to SNAP recipients who may be subject to time-limited work rules

This is the Minnesota Department of Children, Youth, and Families. Due to a change in federal law, you may have to follow SNAP time-limited work rules. If you have to follow the work rules, you will only be eligible for 3 months of SNAP benefits in a 36-month period (Jan. 1, 2026 – Dec. 31, 2028). To qualify for more than 3 months of benefits, you must meet work requirements or have an exemption. Learn more at <https://dcyf.mn.gov/news/snap-work-rules-time-limit-reset-jan-1-2026>