



Text message sent to time-limited SNAP recipients who have used one of their three allotted months of SNAP benefits

This is the Minnesota Department of Children, Youth, and Families. Our records show that you have used at least one month of Supplemental Nutrition Assistance Program (SNAP) benefits during the current three-year eligibility period (Jan. 2026 - Dec. 2028). Visit <https://dcyf.mn.gov/important-information-about-your-time-limited-snap-benefits> to learn more about time-limited benefits, find resources to meet work requirements and see a list of exemptions.